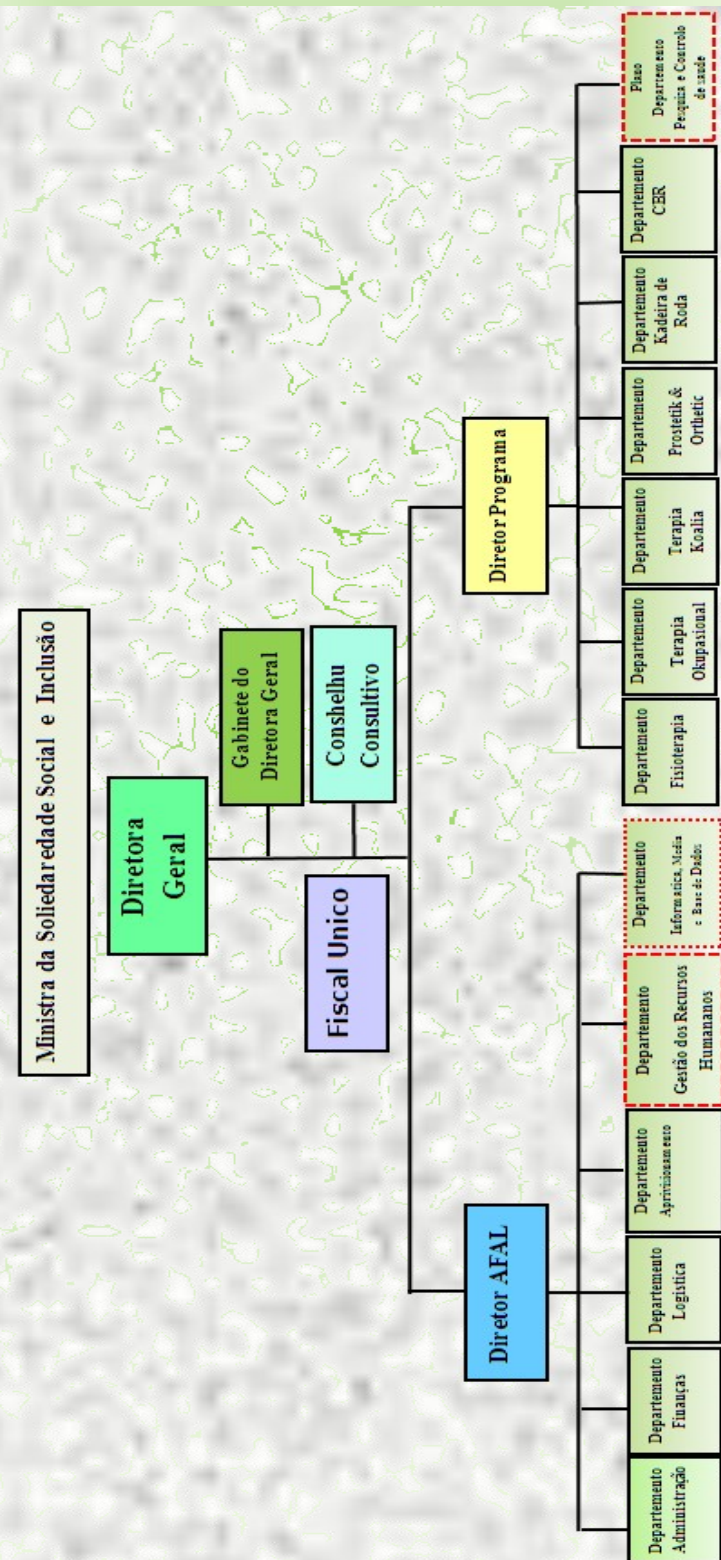




Strutura Centro Nacional de Reabilitação (CNR)



CENTRO NACIONAL DE REABILITAÇÃO



Working Day

Monday—Friday

Working Hours

Morning: 08:00 -12:00

Afternoon: 14:00 -17:30

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Centro Nacional de Reabilitação (CNR) is a reference for Timor-Leste’s national territory, as specified by Decree-Law No. 37/2012 on August 1, 2012, in accordance with Article 5. CNR has both territorial delegation and decentralized services.

Vision and mission

Vision: The Centro Nacional de Reabilitação works to provide rehabilitation services and promote the rights and interests of persons with disabilities with quality and effectiveness for clients and their families who accompany the rehabilitation services process at the CNR. According to the Timor-Leste Strategic Development Plan (SDP) 2011–2030 [P], there is to be process development in the area of providing rehabilitation services to all members of Timorese society, including persons with disabilities.

Mission: The Centro Nacional de Reabilitação supports the rehabilitation of people with disabilities through the center’s facilities and the dissemination of information to communities so that they have a basic understanding of how to prevent early people with disabilities in their families’ environments. It also promotes education, ensures equality, combats discrimination, and encourages people with disabilities to participate in all social activities and areas of work.

Values

- * Respect the dignity and rights of all citizens.
- * The provision of caring services to the clients and their accompanying family
- * Culture excellency
- * Promotion of the quality of service delivery
- * Ethics, integrity, and transparency
- * Motivation in the work team
- * Respect and protection of confidential information
- * Duties of working cooperation
- * Delivery of services with high quality and safety

Objectives

- ◆ Execute national policies in the areas of inclusion and promotion of the rights and interests of persons with disabilities (PWD).
- ◆ Provision of services in the areas of specialized interventions for persons with disabilities through physiotherapy, occupational therapy, speech therapy, prosthetics and orthotics (P&O), and a whorshop for wheelchair
- ◆ Develop and maintain equipment, as well as provide technical assistance to people with disabilities in their homes.
- ◆ Promote and coordinate information services on the rights and interests of people with disabilities through referral and guidance.
- ◆ Develop information resources through policies, regulations, and statistical data that gather more scientific and legislative information in the area of disability and rehabilitation, including reports to contribute at national and international levels.

SERVICE DELIVERY

CNR has a multi-professional team for rehabilitation that consists of physiotherapy, occupational therapy, speech therapy, technical for prosthetics and orthotics, technical for wheelchairs, and technical for community-based rehabilitation (CBR).

1. Physiotherapy Department

The duties of the physiotherapy department are:

1. Physiotherapy actions to avoid or minimize physical limitations;
2. Maximize the functionalization and independence of the clients;
3. Provide a detailed evaluation privilege to the client, establishing a plan for adequate treatment;
4. Provide basic therapy education to the family of the clients;
5. Provide equipment and facilitate mobility;
6. Statistical data collection and report preparation through the services delivery department;
7. Promote education for inclusion in the area of intervention.

2. Occupational Therapy Department

The duties of the Department of Occupational Therapy are:

1. Prepare the therapy prescription, the direct observation of the clients, knowing about previous occurrences, and the therapy plan.
2. Carry out the treatment for the clients through guidance on how to use the chosen activities, such as gardening, crafts, sports, and socio-recreational
3. Guide the client, family, and other elements that are part of the labour and social work.
4. Give technical guidelines to the family.
5. Having articulation with the community-based rehabilitation department (CBR), carry out visits to the community in general and community schools to deliver specialized services that are directed to people with disabilities.
6. Compile data and prepare statistical reports on the services provided by the department.

3. Speech Therapy Department

The duties of the speech therapy department are:

1. Based on the doctor’s identification of the client's disabilities, create the therapy plan by closely observing the client and using knowledge of prior occurrences.
2. Re-educate language change, particularly problems with articulation, voice, fluency, development delay, and loss of speaking capacity, to utilize more appropriate methods and techniques.
3. Guide clients and families in order to complement therapy actions;
4. Compile data and create statistical reports on the department’s services.

4. Prosthetics and Orthotics Department

The duties of the prosthetic and orthotic department are:

1. Produce, adapt, and apply prostheses and orthoses to clients with physical disabilities to aid in their rehabilitation and socio-professional insertion, which affects their quality of life.
2. Conduct training with clients to observe how they adapt to their prostheses and orthoses.
3. Participate in new material investigations, components, and techniques at the industrial level;
4. Compile data and create statistical reports on the department’s services.

5. Wheelchair Department

The duties of the wheelchair department are:

1. Conduct specific assessments to analyze the condition of the clients;
2. Carrying out measurements for clients;
3. Choose and decide the equipment to be provided to the clients;
4. Preparation and production of equipment and mobility;
5. Build accessibility and mobility within the homes of clients when these houses cannot be accessible to persons with physical disabilities;
6. Conduct training with the clients to assess their adaptation to the wheelchair.
7. Provide basic training to the family and clients;

6. Community-Based Rehabilitation Department

The primary objective of this department is the Community-Based Rehabilitation (CBR) program. Therefore, conduct these activities:

1. Participation of the community in the inclusion process;
2. Development of behaviors and programs to promote the inclusion of the family, social, economic, educational, and cultural lives of people with disabilities;
3. Define the principles and strategies that are being developed in phases to ensure the participation of people with disabilities in society.
4. Share different skills to promote physical, personal, and socioeconomic growth. Services are a collection of resources that provide specialized support services at the therapeutic, social, clinical, academic, and cultural levels to meet the needs of people with disabilities based on their characteristics and with the goal of maximizing their capacity.

7. Dormitory

The center’s dormitories operates on weekdays, except holidays. Clients requiring daily treatment may have the opportunity to reside in the CNR dormitory, subject to availability and the establishment of a formal agreement.

The timetables are provided by the center dormitories.

- ⇒ Get up between 6 and 6:30 am
- ⇒ Go to sleep at 9 p.m.

The center accommodates family visits during two time slots: from 11 a.m. to 12 p.m. in the morning, and from 16.00 to 17.00 in the afternoon, specifically on weekdays, excluding holidays and weekends.

Dining-hall

1. The dining hall’s operating schedule is published on the Centro Nacional de Reabilitação’s website and posted on the walls of the dining area.
2. The meal service is available for clients and their families.
3. The mealtime schedule is as follows:

TIMETABLE FOR MEALS	
Meals	Weekly
Breakfast	7:00 H
Snacks	10:00H
Lunch	12:00 H
Snacks	15:00 H
Dinner	19:30 H